

Do I have to come to class?

the Weight Pros® know "one size" doesn't fit all. Patients participating in our clinic program are on structured weight loss diets and have multiple levels of accountability, one is weekly class. The structure of this program promotes greater weight loss quickly. Individuals using weight loss medication, such as phentermine, attend 3 private classes to plan and promote healthy lifestyle changes and develop personal accountability systems. There are patients who need or want other weight loss services and we customize a program that specifically meet their needs.